

faculty of behavioural and social sciences



# What drives energy consumers?



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### Sustainable energy transition

Commission proposes new rules for consumer centred clean energy transition

Consumers are active and central players on future energy markets

http://ec.europa.eu/energy/en/news/commission-proposes-new-rules-consumer-centred-clean-energy-transition

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## People at the centre of the energy transition

For a successful energy transition, people need to:

- > Accept sustainable solutions
- > Adopt sustainable solutions
- > Change their energy behaviours
- > **Reduce** their energy demands
- > **Shift** their energy demands
- > **Invest** in energy efficiency

### What motivates sustainability?

#### Favourable outcomes for self, e.g.:

> Money

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- > Status
- > Pleasure
- > Feels good
- Social approval

#### Favourable outcomes for "the collective", e.g.:

- > Moral considerations
- > Doing good



### What motivates most strongly?

Collective

Do You Care About the Environment?

Take a coupon for a FREE professional tire check!



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> Like balloons, your tires lose oressure over time. Improper tire pressure increases fuel consumption which harms our environment

 Properly inflating tires cuts back vehicle emissions.



Participating stations: Snappy Lube #23 1402 N. Main Street

nappy Lube #24 2405 Market Street Christiansburg, VA 24073 versus

Individual

Do You Care About your Finances? Take a coupon for a FREE

professional tire check!



versus



· Like balloons, your tires lose pressure over time.

- Improper tire pressure increases fuel consumption, which is expensive.
- Properly inflating cuts back fuel costs.

Participating stations:



Snappy Lube #23 1402 N. Main Street Blacksburg, VA 24060

Snappy Lube #24 2405 Market Street Christiansburg, VA 24073





#### **Control**?

#### Take a coupon for a FREE professional tire check!

• Like balloons, your tires lose pressure over time.

- The average U.S. driver travels 12.000 miles yearly.
- · Not everyone checks their tires regularly.



#### Participating stations:

Snappy Lube #23 1402 N. Main Street Blacksburg, VA 24060

Snappy Lube #24 2405 Market Street



#### Human values

- > Hedonic
- > Egoistic
- > Altruistic
- > Biospheric



References: Bouman et al., under review; Steg & De Groot, 2012; Steg et al., 2014





### Value conflicts

Could be reduced by:

- Making sustainable behaviours more beneficial
- Strengthening or supporting biospheric values

References: Bouman et al., forthcoming; Steg et al., 2015



# Sustainable options can also feel good because they are meaningful

#### When:

- > Autonomous
- > Strong biospheric values
- > Primary benefits for environment

#### Then:

- > Self-signal
- > "Warm glow"
- > Encourages future sustainable behaviours



#### **Environmental self-identity**



References: Van der Werff, Steg, & Keizer (2013; 2014)





## What others do and think (de)motivates us

### Why:

- > Interdependence
- > Collective action
- > Gives context

### What:

- > Group identity
- > Group values
- > Group norms



### Groups and group identities

To name a few:

- > Households
- > Neighbourhoods
- > Companies
- > Political orientations
- > Nations / cultures





#### Group norms

- > Injunctive what you're ought to do
- > Descriptive what members actually done



References: Keizer, Lindenberg & Steg, 2013; Schultz, 1999; Schultz et al., 2007







#### Group norms

- > Injunctive what you're ought to do
- > Descriptive what members actually do
- > Corporate Environmental Responsibility Powerful when employee moderately cares
- > Green washing







- Group values
- > Objective





Group values

- > Objective
- > Perceived
  - Powerful when group cares
  - Morality bias
  - Intervention

References: Bouman & Steg, 2017





# To sum things up

Sustainable energy behaviours motivated by:

- > Personal factors
  - Personal values
  - Environmental self-identity
- > Group factors
  - Group identity
  - Group norms and values





# To sum things up

Sustainable energy behaviours motivated by:

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- > Group factors
  - Group identity
  - Group norms and values

Do it for the environment

Keep norms and values aligned Stress sustainability





> Understanding energy use behaviour

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- > Promoting sustainable energy use
- > Acceptability of energy systems and policies
- > Multi-method approach
- > Cross-cultural research
- > Interdisciplinary research









### **Future directions**

- > How to let technological and social solutions interact
  - (Semi-) automatic solutions
  - Smart appliances
- > Intervention studies
  - How to move from extrinsic to intrinsic motivators
  - How to inform people about status of the grid
- > Representative national panels
  - Smart meter data
  - Individual and group motivations





































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### **Relevant research projects**

# MatchIT – Efficient demand and supply matching by incentivizing end-users in buildings.

An electricity grid that integrates renewable energies and enables flexible consumer and production technologies requires a reliable, efficient and socially acceptable energy infrastructure, in which households, commercial buildings and industrial buildings are connected. MatchIT proposes an interdisciplinary framework that integrates research on physical (e.g., generators), social (e.g., acceptability) and technological (e.g., ICT) aspects of the grid, which could improve current electricity infrastructures reliability, efficiency and acceptability.

We integrate cross-sectorial expertise on power distribution, control systems, building automation, computer science, and social and behavioral science to propose an interdisciplinary framework that uses innovative distributed control algorithms and an ICT platform coupled with intelligent automated techniques to improve demand-supply matching in a financially and psychologically way that is attractive and acceptable to end-users. Notably, we study interactions and interdependencies between key physical, psychological and technological layers. This significantly moves forward the state-of-the art where these issues are typically studied in isolation, with the risk of flawed or even inaccurate views.





#### **BIGS** – Beijng Groningen Smart cities.

Models, policies and an ICT infrastructure to reduce household energy demand and to promote smart energy use in smart cities. Smart cities anticipate sustainable prosperity of their citizens. In order to accomplish this objective, the current development of cities is undergoing drastic technological shifts that need to be followed by innovative regulatory and behavioural changes with the final goal of increasing sustainability of cities. These changes require a strategy that integrates multiple disciplines and provides a comprehensive understanding and support from a psychological, technological and economic perspective. We propose an interdisciplinary framework that uses innovative and smart technologies to understand and promote sustainable use of energy and aid effective decisions by the end-users. The framework provides a means for analysis and development of psychological models to understand citizens' behaviour towards the use of energy, and proposes innovative regulation policies

that take into account the new findings. We propose to use the cities of Groningen and Beijing as real environments to analyse the behaviour of citizens under diverse economic, institutional and cultural factors. The application of the technological infrastructure to both cities will give us deeper insights about the reasons and effects of the actual energy use among their citizens, and consequently, a sound input to formulate and propose general policies or regulations tailored for specific regions.

http://jstp-bigs.com/



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Special issue – early 2018

On key topics on why and how consumers play a vital role in the energy transition

http://magazine.ieee-pes.org/