# Applying Behavioural Economics to Move to a More Sustainable Future

How Behavioural Economics can combine human-centred approaches and quantitative data collection



Human-centred analytics to enhance policy effectiveness session



#### Some Questions and Some Suggestions...

- 1. Which examples of combining human-centred research with quantitative data collection and analysis are most appropriate?
  - ✓ Behavioural Economics
- 2. How can behavioural change advisories be introduced without consumers perceiving them to be controlling?
  - ✓ Respect, Autonomy, Co-design, Transparency
- 3. How are SEAI integrating Behavioural Economics to encourage sustainable behaviours in Ireland?
  - ✓ A Phased Approach

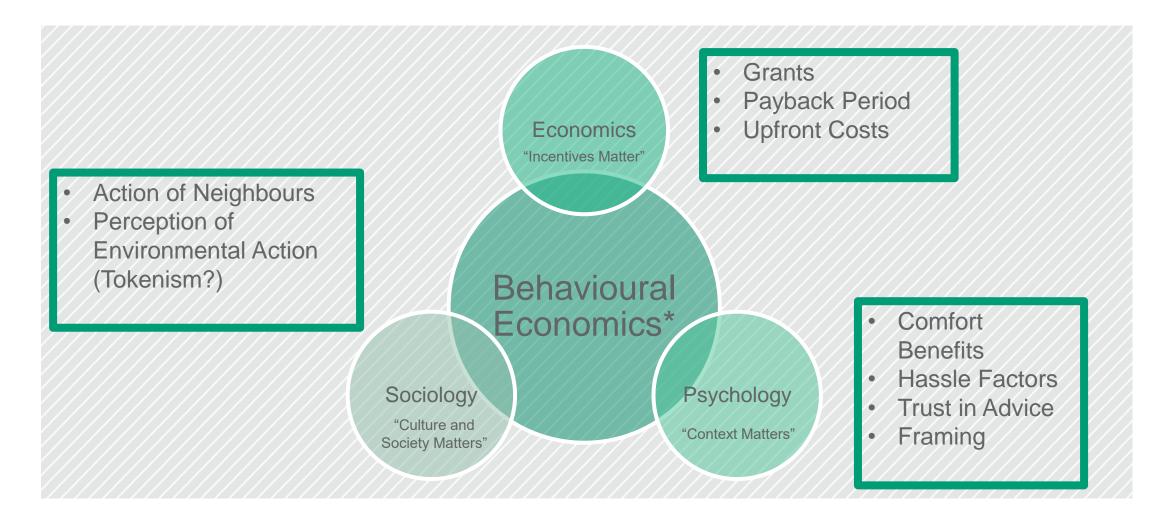


## Human Centred & Quantitative

How Behavioural Economics can provide human centred policies based on robust evidence

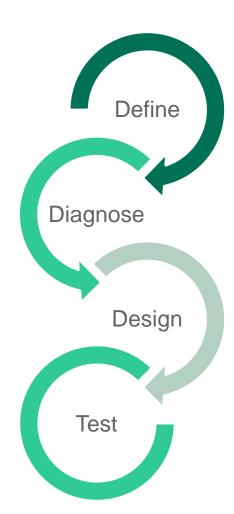


#### What is Behavioural Economics\*?





#### Changing Behaviour in 4 Steps...

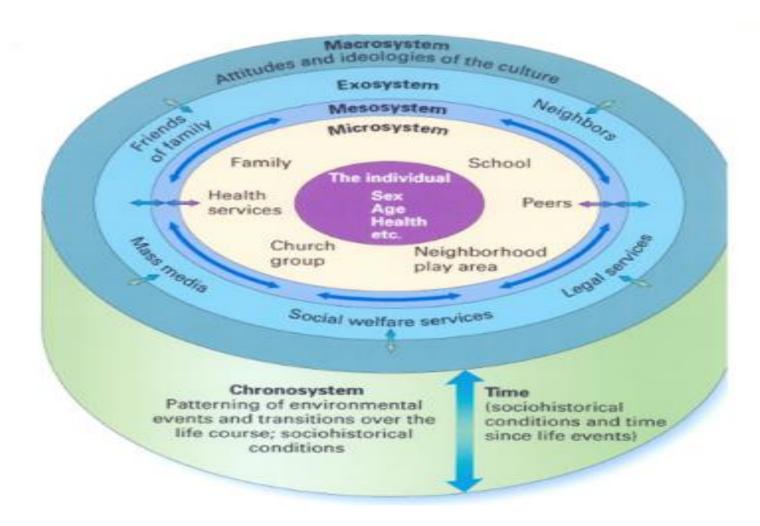






#### What's the context?

- Who's behaviour are we changing?
  - Who do they interact with?
- What context does the behaviour take place in?
- What existing interventions are in place?







#### What's the problem?

#### **Broad Problem:**

To increase completed Better Energy Home grant funded works among applicants whose application has already been accepted by the SEAI, by reducing drop-out from initial contact (DOW) through to completion of works and return of compliance documentation.

#### **Specific Problem Statement:**

To increase the number of BEH grant funded works completed, *by 10%*, among active BEH applicants who applied within the last 8 months with a greater than 18% chance of abandonment, and *by 5%* by applicants with a less-than-18% chance of abandonment, *as measured by the number of completed works in the treatment group compared to the control group*.

**Assuming Solution** 

**Target** 

Specify
Measurement &
Outcome





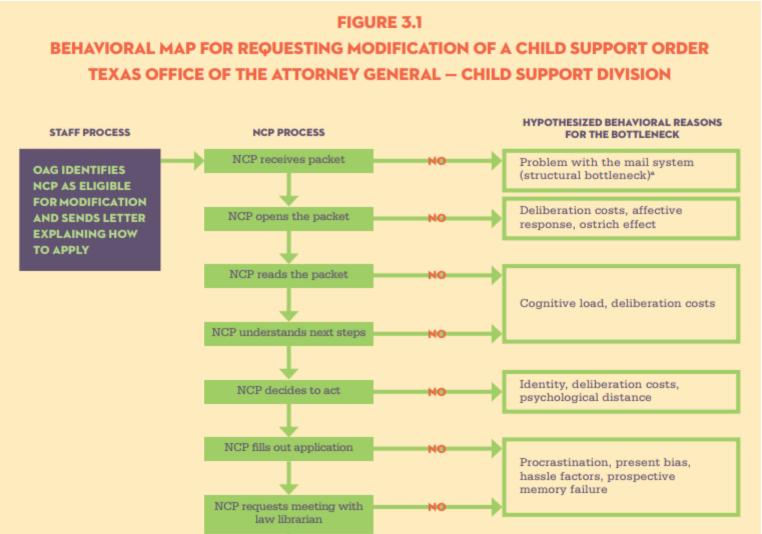
#### What type of behaviour are we trying to change?







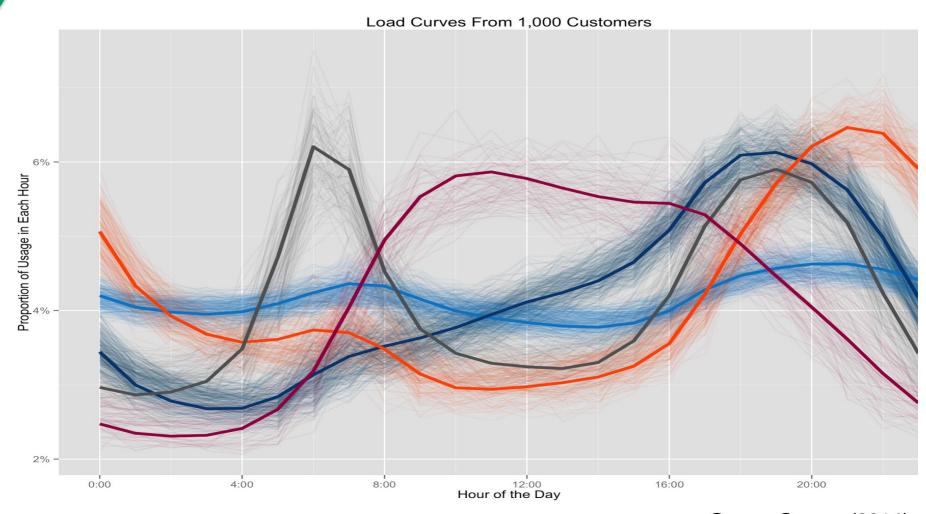
#### **Identifying Behavioural Barriers**





Diagnose

#### **Behavioural Segmentation**



Source: Opower (2014)





#### Understanding the Person and Their Context









#### How can we change the behaviour?

#### TABLE 2.1 CONNECTION OF BEHAVIORAL DIAGNOSIS TO INTERVENTION DESIGN

	PROPOSED INTERVENTION									
HYPOTHESIZED BEHAVIORAL CONCEPT THAT COULD EXPLAIN A BOTTLENECK	Change Choice Set	Reframe Choices	Reduce/ Categorize Choices	Use Defaults	Force Choices	Use Reminders	Promote Plan- making	Remove Hassle Factors	Change Comparison Group	Change Identity Priming Elements
Mental accounting	~									
Loss aversion										
Discounting										
Choice conflict										
Procrastination										
Automaticity, forgetting										
Hassle factors										
Social norms										
Identity										~

SOURCE: This table is adapted from a graphic created by ideas42.





#### How can we change the behaviour?

#### **Angles**

Can you slant or angle things so some actions are easier than others?

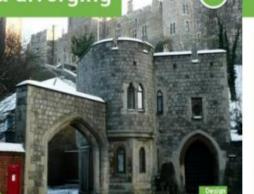
Some cigarette bins are sold to authorities using the sloping top as a feature, discouraging people leaving litter on top



#### Converging & diverging

Can you channel people so they come together (or split up)?

Gates (and gatehouses) channel visitors through a narrow opening, allowing a toll to be levied, or to help control potential threats



#### Conveyor belts

Can you bring a feature to the users, or move the users to where you want them to be?

Moving walkways in airports help travellers move more quickly, but also prevent people blocking corridors, especially in groups



#### 

AUTO

What would happen if you simply took away features you don't want people to use?

Various politicians have proposed simply removing standby buttons



Can you hide functions or elements you'd prefer people didn't use?

These church hall heating controls have been hidden (leaving only the



#### Material properties

Can you use the properties of different materials to make some actions more comfortable than others?

Rough-textured paving can act as a subtle barrier between cycle and





#### The importance of prototyping...

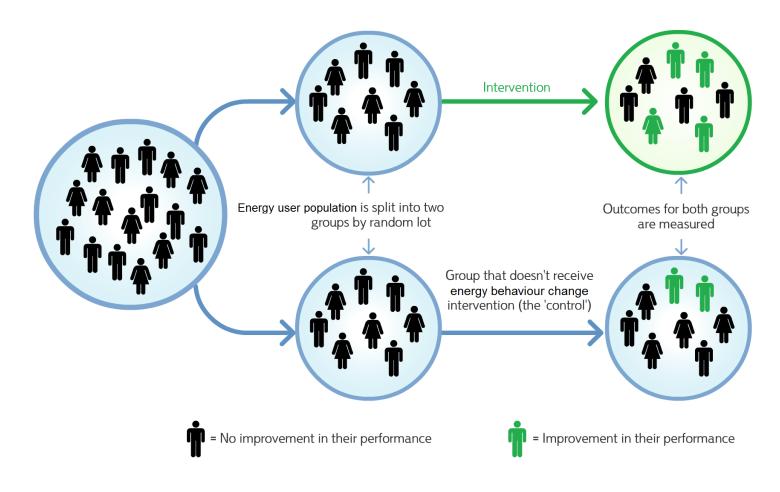








#### How do we know it works?





## Respecting Consumers

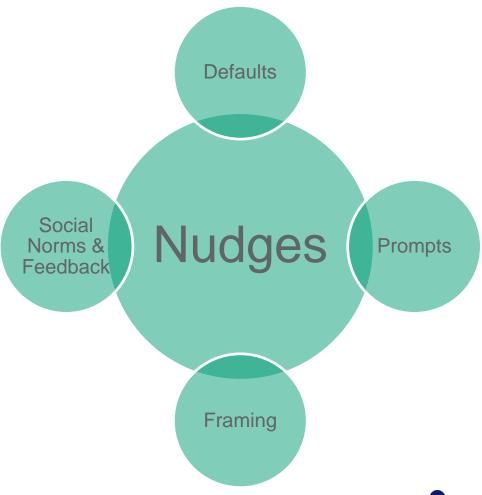
How can behavioural change advisories be introduced without consumers perceiving them to be controlling?





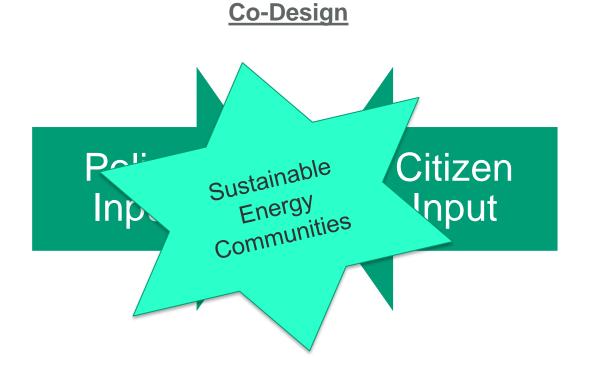
#### Nudging

- A nudge is any change to a choice architecture that influences people's choice without restricting any options or significantly altering the financial incentives involved.
- To qualify as a nudge, any such change must be easy to avoid.
- Often involves simplification





#### However, nudges often aren't enough...



#### **Embedding Fairness and Respect**

High Engagement

- Citizen's Assemblies
- Community Lead Projects

Some Engagement

- Public Consultation
- Pilot Programs

Little Engagement

- Advisory Board Ethics
- Transparent Reporting
- Trial Register



## A Phased Approach

Applying Behavioural Economics at the Sustainable Energy Authority of Ireland



#### A Phased Approach



Increasing Grant Application Rates

Phase 2
Driving Stronger
Behaviour Change

 Predicting Drop-out Among Scheme Applicants

Phase 3
Influencing
Policy

Designing Guidelines for Smart Billing



## Thank you

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